

PHARMOCARE 8120 and 8200 COCO MCT

INCI: Caprylic/Capric Triglyceride (MCT Oil)

Manage weight loss with a KETOGENIC DIET.

A ketogenic diet, otherwise known as a low-carb diet, is a diet low in carbs and rich in fat. Due to the low level of carbs, the body metabolises more fat for energy (Ketosis). Lasting weight loss can be achieved through balanced eating habits and Pharmocare 8120 MCT / Pharmocare 8200 COCO MCT.



Nutritional Values

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	Unit	Per 100g
Energy	Kcal	900
Protein	%	< 0.1
Carbohydrate	%	0.7
Fat	%	99.2
Fibre	%	< 1.0
Salt	mg/kg	< 85.0
Sugar	%	< 0.10

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